



Technical Notes - Open Sections

Saturday, June 24, 2023

University of Windsor Alumni Stadium

Meet Personnel

Track Referees: Peter Hocking & Steve Fall

Field Referees: Darryl Snyder - throws & Eric Zemper - Jumps

Chief Photo Timer: Shawn MacFarlane

Jury of Appeal: Peter Hocking, Colin Inglis, Darryl Snyder/Eric Zemper

Parking

The Stadium Lot is free the day of the meet, all other parking lots at the university are Pay & Display.

Team Packages

Available at the front gate.

Warm Up

Athletes are allowed to warm up on the track, as long as it does not interfere with an event.

Turf infield is out of bounds.

Athlete Check-In

Track Events: report to appropriate start line a minimum of 10 minutes before start of first section.

Field Events: report to field event sight prior to start of event.

Weigh Ins

All implement weigh ins will take place in the track equipment area at the south end of the stadium.

Note: To ensure the correct weighted implement is available, providing your own is recommended.

Pole Vault This event will be contested on the infield on a raised runway

Gate

Free during the day for all during Open sections

To spectate Elite section, Open athletes can enter using Bib #, coaches should register.

Tickets to the Elite section are \$15/person, 12 & under free.

Medical

First aid tent is available at tent near finish line.

Spikes

Cone style spikes only are allowed for all track and jumping events - no longer than 6mm. Shoes will be checked for spikes length and sole thickness at event check in.

**Directions**

University of Windsor Stadium is located at the corner of Huron Church Rd. and College Ave. (2555 College Ave. for your GPS)

From Ontario take the 401 West to Huron Church and Huron Church to Ambassador Bridge – Stadium is on the right before entering the Ambassador Bridge.

From the U.S. (via Ambassador Bridge) turn left at the first stop light off the bridge and Stadium is on the right hand side. You must have proof of citizenship and picture ID to enter Canada and again to re-enter the U.S.

Start List/Results

All can be found at www.windsortiming.com

Additional Information

Brett Lumley (519) 984-2779

lumley3@uwindsor.ca

Open Sections

Track Events

12:00pm	800m Women Timed Finals
12:05pm	800m Men Timed Finals
12:20pm	100mH Age Class Timed Finals
12:30pm	110mH Age Class Timed Finals
12:40pm	100m Women Timed Finals
12:50pm	100m Men Timed Finals
1:10pm	400m Women Timed Finals
1:15pm	400m Men Timed Finals
1:35pm	1500m Women Timed Finals
1:45pm	1500m Men Timed Finals
2:00pm	200m Women Timed Finals
2:10pm	200m Men Timed Finals

Field Events

11:30am	Women's Long Jump
	Women's Shot Put
	Seated Discus
	Women's Pole Vault (Flight 1)
12:30pm	Men's Long Jump
1:00pm	Women's High Jump
	Men's Discus
1:30pm	Seated Shot Put
2:00pm	Women's Pole Vault (Flight 2)
2:15pm	Men's Javelin
	Men's Hammer
	Women's Triple Jump

