

Tentative Schedule of Events
Saturday, May 21, 2022

National Sections

Track Events

12:00pm 800m Women Timed Final
 12:15pm 800m Men Timed Final
 12:30pm 100mH Age Class Timed Final
 12:45pm 110mH Age Class Timed Final
 1:00pm 100m National Heats - Women
 1:15pm 100m National Heats - Men
 1:30pm 400m Women Timed Finals
 1:45pm 400m Men Timed Finals
 2:00pm 1500m Women Timed Finals
 2:20pm 1500m Men Timed Finals
 2:40pm 200m Women Timed Finals
 3:00pm 200m Men Timed Finals

Field Events

12:00pm Seated Discus
 Women's Javelin
 Women's Long Jump

 1:30pm Men's Long Jump
 Men's Javelin
 2:00pm Seated Shot Put
 2:30pm Men's Triple Jump

 3:00pm Women's High Jump
 Men's & Women's Hammer

World Athletics Continental Tour Challenger Series - Semis

3:15pm **Women's HP 100mH Semi-Final**
 3:30pm **Men's HP 110mH Semi-Final**
 3:40pm **Women's HP 100m Semi-Final**
 3:50pm **Men's HP 100m Semi-Final**

6:00pm

Welcome Ceremony

World Athletics Continental Tour Challenger Series Finals

Track Events

6:10pm Women's 100mH Final
 6:15pm Men's 110mH Final
 6:20pm Ambulatory 100m
 6:25pm Women's 100m Final
 6:30pm Men's 100m Final
 6:40pm Ambulatory 400m
 6:50pm Women's 400m
 7:00pm Men's 400m
 7:10pm Women's 400mH
 7:20pm Men's 400mH
 7:30pm Women's 800m
 7:40pm Men's 800m
 8:00pm Women's 200m
 8:10pm Men's 200m
 8:25pm Women's 1500m
 8:35pm Men's 1500m
 8:45pm Women's 3000SC
 9:00pm Men's 3000SC

Field Events

5:00pm Women's Pole Vault
 Women's Long Jump
 Women's Discus
 Men's Shot Put

 6:30pm Men's Discus
 Men's Long Jump

 7:00pm Men's Pole Vault

 8:00pm Women's Triple Jump
 Women's Shot Put
 Men's High Jump

JOINT COAST GUARDING CLASSIC